



VOLUNTEER FIREFIGHTER MEDICAL EXAMINATION

Protective Services Suite D, 180 North Third Avenue, Williams Lake, BC V2G 2A4
Ph: 250-392-3351 | TF: 1-800-665-1636 | Fax: 250-392-2812

Surname: _____ Given Names: _____

Date of Birth: _____ Health Care #: _____

Address: _____

Street, City/Town, Province, Postal Code

The medical examination to be performed by a Physician is to determine if the applicant above has maintained an acceptable level of health and fitness to perform as a firefighter and has not contracted any disabling disease or disability to prevent effective functioning in the position as a firefighter.

The regular duties of a firefighter may include prolonged anaerobic exertion, heavy lifting, working in confined or awkward positions, ability to immediately function upon waking from deep sleep, and exposure to high mental stress.

The Physician shall determine, using any testing procedures felt necessary, if the above applicant is fit for active firefighting duties so that the firefighter will NOT jeopardize themselves and other personnel or public that they may come in contact with while performing their duties. To function as a member of the fire department, it is essential that the applicant be physically and mentally fit to perform the many and varied duties of a firefighter.

The following is to be completed by a Licensed Physician

_____ ☐ IS / ☐ IS NOT (please check one option)

physically and mentally fit for firefighting duties as per the above requirements.

Additional Comments: _____

Physician Name: _____

Physician Address: _____

Date: _____ Physician Signature: _____

The fee for the service of the physician for this examination is the responsibility of the applicant.



VOLUNTEER FIREFIGHTER FIT FOR DUTY FORM

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Date: _____

Firefighter Name: _____

I authorize Dr. _____ to release medical information to the fire department, but only that of which is related to the "nature of injury/illness" as agreed to by me.

Firefighter Signature: _____

PHYSICIAN PLEASE COMPLETE AND SIGN

Nature of injury/illness: _____

☐ Sickness

☐ Non-occupational injury

☐ Work related injury

☐ Pre-existing condition

Date of Visit: _____

Date of Next Visit: _____

Please check below:

☐ Firefighter is able to return to their regular duties on _____ OR

☐ Firefighter is unable to return to work. Reassess on _____ OR

☐ Firefighter is presently unable to return to regular duties, however, is able to perform modified/light duties.
If modified duty is required, please complete the following working restrictions: (filled out by Physician)

☐ Lifting from waist _____ (weight/frequency)

☐ Sitting _____ (duration/frequency)

☐ Lifting from shoulder _____ (weight/frequency)

☐ Walking _____ (duration/frequency)

☐ Prolonged standing _____ (duration/frequency)

☐ Climbing Stairs _____ (duration/frequency)

☐ Work in damp areas _____ (duration/frequency)

☐ Kneeling _____

☐ Work in cold areas _____ (duration/frequency)

☐ Ladders _____

☐ Work in hot areas _____ (duration/frequency)

☐ Work at heights _____

☐ Work outdoors _____ (duration/frequency)

☐ Operate/repair equipment _____

☐ Repetition hand/arm _____ (duration/frequency)

☐ Writing/Speaking/Typing _____

Firefighter may return to modified duties on: _____

Temporary restricted hours or gradually increasing hours are available. Please indicate any restrictions of this type: _____

Other comments: _____

File: 7200-01

Dear Physician:

The patient who has made an appointment with you is currently applying as a volunteer firefighter with the Cariboo Regional District (CRD).

For your convenience, we have attached a copy of the CRD Volunteer Fire Fighter Job Description.

As a pre-employment requirement, applicants must demonstrate a minimal level of physical fitness to ensure the candidates are physically able to perform essential tasks at fire scenes. To minimize the health risk to the applicant and other fire fighters, candidates are required to consult with a medical professional.

Should you have any concerns about the candidate's ability to perform the duties of a volunteer firefighter or the process of qualifying please contact me directly at (250)392-3351.

Thank you for your help and cooperation.

Sincerely,



Cody Braaten
Manager of Fire Administration

building communities together



VOLUNTEER FIREFIGHTER JOB DESCRIPTION

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Purpose

Under the direction of the Fire Chief or their designate, a firefighter protects lives, property and the environment through activities associated with fire prevention, fire suppression and emergency medical assistance.

Scope

This is a skilled position entailing the combating, extinguishing, prevention of fire and the saving of lives and property. A firefighter is responsible for rapidly, efficiently and safely performing various duties under emergency conditions in potentially hazardous environments. Independence of judgment and action are required in circumstances of extreme urgency. The work also includes routine duties in the maintenance of firefighting equipment and fire departments property. The skills required to perform the duties of a volunteer fire fighter will be acquired through Fire Department training sessions.

Responsibilities / Examples of Work

- » Participates in all phases of training necessary to acquire the knowledge and skills required for the position.
- » Responds promptly to fire alarms and other emergency calls.
- » Maintains apparatus, equipment, buildings and grounds.
- » Communicate verbally and through written reports effectively.
- » Protects property from unnecessary smoke and water damage.
- » Advances charged and uncharged hose lines and applies extinguishing agents to fires.
- » Positions and climbs ladders to gain access to upper floors.
- » Provides emergency medical service to fire or accident victims and assists the local emergency medical service provided as necessary or when required (if a First Responder department).
- » Drives fire apparatus, operate pump and other equipment while performing fire fighting, salvage and maintenance operations.

Knowledge, Skills and Abilities

- » Knowledge of the maintenance of equipment
- » Knowledge of building construction
- » Ability to respond quickly and use good judgment under stress in adverse situations
- » Ability to understand and follow oral and written instructions
- » Ability to communicate effectively

Minimum Qualifications

- » Canadian citizen or a permanent resident
- » At least 19 years of age
- » Valid BC Drivers License
- » Medically fit